

## For More Information

For help in finding prenatal care services, call the New York State Health Department's Growing Up Healthy Hotline 1-800-522-5006 (toll-free).

Take part in parenting classes or talk with your doctor about parenting issues. A free booklet, *Welcome to Parenthood: A Family Guide* is available from the State Department of Health. For your copy, write: Healthy Babies, New York State Department of Health, Box 2000, Albany, NY 12220 or visit [www.health.state.ny.us](http://www.health.state.ny.us).

To report child abuse or maltreatment in New York State, call the New York State Child Abuse and Maltreatment Reporting Center at 1-800-342-3720.

For more information about Shaken Baby Syndrome, write: Healthy Babies, New York State Department of Health, Box 2000, Albany, NY 12220 or visit [www.health.state.ny.us](http://www.health.state.ny.us).

# Maternity Information

C H I L D B I R T H S E R V I C E S

NYU  
Medical  
Center



State of New York  
Eliot Spitzer, Governor

Department of Health  
Richard Daines, MD, Commissioner

New York State's Maternity Information Law requires each hospital to provide the following information about its childbirth practices and procedures. This information can help you to better understand what you can expect, learn more about your childbirth choices, and plan for your baby's birth.

Most of the information is given in percentages of all the deliveries occurring in the hospital during a given year. For example, if 20 births out of 100 are by cesarean section, the cesarean rate will be 20 percent. If external fetal monitoring is used in 50 out of 100 births, or one-half of all births, the rate will be 50 percent.

This information, alone, doesn't tell you that one hospital is better than another for you. If a hospital has fewer than 200 births a year, the use of special procedures in just a few births could change its rates.

The types of births could affect the rates, as well. Some hospitals offer specialized services to women who are expected to have complicated or high-risk births, or whose babies are not expected to develop normally. These hospitals can be expected to have higher rates of the special procedures than hospitals that do not offer these services.

This information also does not tell you about your doctor's or nurse-midwife's practice. However, the information can be used when discussing your choices and wishes with your doctor or nurse-midwife, and to find out if his or her use of special procedures is similar to or different from that of the hospital.

You should play an active role in making your childbirth the kind of experience you want. To do so, you need information. Take part in childbirth preparation classes and read books about childbirth. Ask questions and discuss your wishes with your doctor or nurse-midwife. A free booklet, *Your Guide To A Healthy Birth*, is available from the State Department of Health. For your copy, write: Healthy Babies, New York State Department of Health, Box 2000, Albany, NY 12220.

## Rates of Selected Procedures in Childbirth

4,630 total births at  
NYU Hospitals Center during 2004.

- 29.9% of births were Cesarean Sections.
- 22.0% of births were Primary Cesarean Sections.
- 7.9% of births were Repeat Cesarean Sections.
- 28.7% of Women with a Previous Cesarean Section who had a Vaginal Birth (Vaginal Birth after Cesarean Section VBAC).
- 0 % of births were Deliveries by Midwives.
- 98.9 % of births involved External Fetal Monitoring.
- 12.4 % of births involved Internal Fetal Monitoring.
- 3.6 % of births involved Low Forceps Delivery.
- 0.2 % of births involved Mid Forceps Delivery.
- 0.8 % of births were Breech Births Delivered Vaginally.
- 88.1 % of births involved Analgesia.
- 0 % of Vaginal Births included General Anesthesia.
- 0.2 % of Vaginal Births included Spinal Anesthesia.
- 81.1 % of Vaginal Births included Epidural Anesthesia during labor or delivery.
- 0 % of Vaginal Births included Paracervical Anesthesia.
- 2.8 % of Cesarean Sections included General Anesthesia.
- 3.2 % of Cesarean Sections included Spinal Anesthesia.
- 93.4 % of Cesarean Sections included Epidural Anesthesia.
- 18.9 % of births involved Induction of Labor.
- 35.9 % of births involved Augmentation of Labor.
- 24.9 % of Vaginal Births included Episiotomy.

NOTE: Birthing Rooms **ARE** available in this facility.

NOTE: 24-hour-a-day Rooming-In **IS** available at this facility.

NOTE: Daytime-only Rooming-In **IS** available at this facility.

*These are the latest statistics available from the New York State Department of Health. These statistics are based on information supplied from birth certificates filed by individual hospitals.*